



Lunch served Monday-Friday at 11:30 a.m. unless noted below

PrimeTime 55+

Wetumpka Senior Center

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						1
2	3 8:30-9:30 Walk Exercise 9:30-10:30 Silver Sneakers 9:00 Cards/Dominos 1:00 Audio Books/Knit	4 8:30-9:30 Walk Exercise 9:00 New Games 10:00 Wham-It	5 8:30-9:30 Walk exercise 9:30-10:30 Silver Sneakers 10:30 Devotional 12-3 Bridge	6 8:30-9:30 Walk exercise 9:00 Games 10:30 BINGO	7 8:30-9:30 Walk exercise 9:30-10:30 Silver Sneakers 10:00 Card Games/ Dominos	8
9	10 CENTER CLOSED COLUMBUS DAY	11 8:30-9:30 Walk exercise 9:45 Medicare Education	12 8:30-9:30 Walk exercise 9:30-10:30 Silver Sneakers 10:30 Devotional 12-3 Bridge	13 8:30-9:30 Walk exercise 9:00 Games 10:30 BINGO Coaches Corner-Depot Young Frankenstein	14 8:30-9:30 Walk exercise 9:30-10:30 Silver Sneakers 10:00 Card Games/ Dominos	15
16	17 8:30-9:30 Walk Exercise 9:30-10:30 Silver Sneakers 9:00 Cards/Dominos 1:00 Audio Books/Knit	18 8:30-9:30 Walk Exercise Rev. Rock "In Home Fall"	19 8:30-9:30 Walk exercise 9:30-10:30 Silver Sneakers 10:30 Devotional 12-3 Bridge	20 CENTER CLOSED MT. CHEAHA	21 8:30-9:30 Walk exercise 9:30-10:30 Silver Sneakers 10:00 Card Games/ Dominos	22
23/30	24/31 8:30-9:30 Walk Exercise 9:30-10:30 Silver Sneakers 9:00 Cards/Dominos Halloween Treat 	25 8:30-9:30 Walk Exercise 9:00 New Games 10:00 Wham-It	26 8:30-9:30 Walk exercise 9:30-10:30 Silver Sneakers 10:30 Devotional 12-3 Bridge	27 8:30-9:30 Walk exercise 9:00 Games 10:30 BINGO Homebound Halloween	28 8:30-9:30 Walk exercise 9:30-10:30 Silver Sneakers 10:00 Card Games/ Dominos	29