

JUNE

Wetumpka Senior Center Mary Ann Barrett – Center Director

2019



Funded by Central Alabama Aging Consortium

Mon	Tue	Wed	Thu	Fri
<p>3</p> <p>Center Closed Trip to Wetumpka Flea Market & Antiques Leave at 10am Lunch at Burger King ★ NO Exercise</p>	<p>4</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 1pm-2pm Walking Exercise DVDS</p>	<p>5</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 10:30 Devotional 12:00-3:00 Bridge 1pm-2pm Walking Exercise DVDS</p>	<p>6</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 1pm-2pm Walking Exercise DVDS</p>	<p>7</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 1pm-2pm Walking Exercise DVDS</p>
<p>10</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 11:30 Father's Day Treats ★ 1pm-2pm Walking Exercise DVDS <i>Happy Father's Day</i> </p>	<p>11</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 9:00am Walmart / Dollar Tree Trip ★ 11:30 Father's Day Treats ★ 1pm-2pm Walking Exercise DVDS <i>HAPPY FATHER'S DAY</i> </p>	<p>12</p> <p>Center Closed ★ Master Games At Gillespie Senior Center Prattville Registration Fee \$10 to attend NO EXERCISE</p>	<p>13</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 11:30 Father's Day Treats ★ 1pm-2pm Walking Exercise DVDS <i>HAPPY FATHER'S DAY</i> </p>	<p>14</p> <p>Center Closed Trip to Montgomery Sweet Creek Farm Market Leaving at 9:30am NO Exercise</p>
<p>17</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 1pm-2pm Walking Exercise DVDS</p>	<p>18</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 10:00 Arts and Crafts 1pm-2pm Walking Exercise DVDS MOVIE DAY ★</p>	<p>19</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 10:30 Devotional 12:00-3:00 Bridge 1pm-2pm Walking Exercise DVDS</p>	<p>20</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 10:00am BINGO COMFORT CARE ★ 1pm-2pm Walking Exercise DVDS </p>	<p>21</p> <p>Center Closed Trip to Holtville Rekindle The Past Lunch Anna's Place. Leave at 9:30am NO EXERCISE</p>
<p>24</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 1pm-2pm Walking Exercise DVDS</p>	<p>25</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 10:00am IVY CREEK BINGO ★ 1pm-2pm Walking Exercise DVDS</p>	<p>26</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 10:30 Devotional 12:00-3:00 Bridge 1pm-2pm Walking Exercise DVDS</p>	<p>27</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 10:00 Arts and Crafts 1pm-2pm Walking Exercise DVDS</p>	<p>28</p> <p>9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 1pm-2pm Walking Exercise DVDS</p>

NEW LOCATION

10286 US HWY 231,
Wetumpka, Alabama
36092



JUNE 2019

Wetumpka Senior Center

The mission of the Wetumpka Senior Center is to provide programs and activities for adults 55 and over that promote the well being of older adults and enrich and increases socialization with others. Also, promote life long learning in a fun environment. Take advantage of the opportunities the Prime Time Senior Center offer and take steps to "being the best you can be." The Center Director is Mary Ann Barrett, Assistant to the Director, Angie Fraiser, Part Time Assistant to the Director, Lillie Grayson, and Bus Driver, E. Wayne Macon. For Information about the Center call 334-567-1335.

Participants MUST BE self-contained.

What Is A Dad?

A dad is someone who
wants to catch you before you fall
but instead picks you up,
brushes you off,
and lets you try again.

A dad is someone who
wants to keep you from making mistakes
but instead lets you find your own way,
even though his heart breaks in silence
when you get hurt.

A dad is someone who
holds you when you cry,
scolds you when you break the rules,
shines with pride when you succeed,
and has faith in you even when you fail...



**FUNNY
PATIENT
STRONG
HERO
RELIABLE
PROVIDER**



**Blessings
on
Father's
day**
NUMBERS 6:24